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Abstract :

Cardiovascular Disease mortality is a leading cause of deaths worldwide. In 1961, the publication of the findings of the Framingham study provided the USA and the world at large with a huge return on the initial investment focusing on common risk factors of cardiovascular disease (CVD) such as high blood pressure, high total cholesterol, high glucose, smoking, and overweight, etc. Identification of these common risk factors fuelling the epidemic of CVD stimulated a call to arms and the