

Basic Scientific Research on How to Tackle an Aging Society Analysis based on Chinese Longitudinal Healthy Longevity Survey (CLHLS)



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Background

The aging population a raising social problem in China.

The Chinese Longitudinal Healthy Longevity Survey (CLHLS) provides information on health status and quality of life of the elderly aged 65 and older in 22 provinces of China in the period from 1998 to 2014.

Aims

The aim of the CLHLS study is to shed new light on a better understanding of the determinants of healthy longevity of human beings. Our specific focus is to explore how lifestyle factors and psychological conditions influence the disease/death outcomes among oldest-old aged 80 and older in China.

Study Focus

Aging

Duration

April, 2015– April, 2017

Principle investigator

Prof. Yi Zeng, Principal Investigator, Duke University and Peking University.

Prof. Lijing L. Yan (Co-investigators), Duke Global Health Institute, Duke University and Global Health Research Center, Duke Kunshan University

Partners

- Center for the Study of Aging and Human development, Duke University
- Center for Economic Research, National School of Development, Peking University

Funders (Key)

- China National Natural Science Foundation

Study Design

CLHLS study utilizes internationally compatible questionnaire to conduct face-to-face interviews among the elderly people aged 65 and older. The interview data includes health status, disability, psychological conditions, family support, socioeconomic status, behavior risk factors, mortality and healthy longevity.

Our study team is conducting the secondary-hand data analysis based on the CLHLS study (1998-2014). We try to describe the lifestyle factors, psychological conditions among Chinese oldest old aged 80 and above, and explore the association between lifestyle factors, psychological conditions and death outcomes by using survival analysis.



Impact

- The CLHLS study provides significant evidence for policy makers to understand the current health status and quality of life of the elderly people in China.
- This study is part of the Major Research Project funded by the China National Natural Science Foundation to explore the solution for aging issues, and will provide policy recommendation to the Chinese government agencies for promoting healthy aging.

