

Overview and Timeline of the “NCDs@LMICs” Course, Spring 2015, Session 1, DKU

Date	Wk.Ssn.Pt	Theme	Plan and Prepare (Due in Bold)
March 3 rd	1.1.a A*	Getting to know each other and NCDs	Start from first session
	1.1.b A	United Nations NCD Declaration and making choices about what you do	
March 5 th	1.2.a D	The Global Burden of Diseases	Teaching choice open
	1.2.b C	Determinants of health and NCDs; Primer on literature search	Decide on debate
March 10 th	2.1.a D	Cardiovascular diseases: burden, trends, fundamental strategies	Start project conceptualization
	2.1.b C	Hypertension and dyslipidemia: silent killers and polypills	Teaching choice made
March 12 th	2.2.a S	^From Framingham, USA to North Karelia, Finland	
	2.2.b S	Health promotion: example of sodium reduction in rural China and Peru	Field trip on March 13 th Friday
March 17 th	3.1.a S	Tobacco control (Guest lecture by Prof. Abu Abdullah)	
	3.1.b S	^Strengthening primary care: Examples from Asia and Africa	Approval (project topic/format)
March 19 th	3.2.a C	^You are what you eat?	Prepare early for debate
	3.2.b C	^Exercise as prevention and medicine	
March 24 th	4.1.a S	M-health and NCDs: Examples from China & South America	Prepare for teaching if not done
	4.1.b D	Alzheimer’s disease 101 (Guest lecture by Dr. Chaoyun Li)	Project: outline due (optional)
March 26 th	4.2	Time off for field trips on Fridays	
March 31 st	5.1.a D	Cancer: myths and truths (Guest lecture by Prof. Junxia Min - TBC)	
	5.1.b A	Academic debate on NCDs (1)	Debate group 1
April 2 nd	5.2.a D	^Respiratory diseases: Air pollution, cooking stove, and microbiome	
	5.2.b A	Academic debate on NCDs (2)	Debate group 2
April 7 th	6.1.a C	^Overweight & obesity: trends, measures, consequences, frontiers	
	6.1.b D	^Pre-diabetes and diabetes in China: Tip of the iceberg	
April 9 th	6.2.a S	^Patient-centered care, self-management, and peer support	Project: First draft due (optional)
	6.2.b S	^”Whole of government, whole of society,” and macro measures	
April 14 th	7.1 S	^Private sector and NCDs: industry, innovation, and inspiration	
April 16 th	7.2 A	Student presentations of course projects	10 minutes + 5 minutes (Q&A)
April 20rd		Project due April 20 th Monday 5pm	Project Due

*A: all encompassing; C: causes/risk factors; D: diseases; S: prevention and control strategies.

^: Topics available for student teaching assignment.